

Antenatal

The reception staff in the practice are not qualified to give any medical advice or counseling.

If there are any other problems related to your pregnancy that you feel cannot wait until your next visit, please telephone the clinic.

If ever you are unable to contact your doctor or someone else at the clinic, please ring the Emergency Department of either:

Box Hill Hospital

9895 3333

or

Monash Medical Centre

9594 6666



ANTENATAL

This brochure has been produced as a resource for our patients.

Any questions regarding your health should be discussed with your doctor.

Burwood Health Care

400 Burwood Highway

Burwood

Vic 3125

Ph: 03 9888 8177

Fax: 03 9888 8939

www.burwoodhealthcare.com.au

Weekdays: 8am to 10pm

Weekends: 8am to 8pm

Public Holidays: 8am to 8pm

Burwood HealthCare

PATIENT HEALTH INFORMATION



ANTE NATAL

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THINGS TO WATCH FOR:

The vast majority of pregnancies are uncomplicated, but women should be aware of specific symptoms that may indicate a problem that needs medical attention.

These include:

- ♦ Bleeding from the vagina (Note: If your blood group is negative, you need to see your doctor, as you will need specific treatment)
- ♦ Vomiting
- ♦ Pain when you pass urine, or increased frequency of urination
- ♦ Abdominal pain that is hard to bear
- ♦ Swelling of feet or hands
- ♦ Headache or eye problems
- ♦ Lack of movement of your baby
- ♦ A gush or show of water from your vagina.

If you have any vaginal bleeding, telephone the clinic immediately, or go to hospital.



If you have nausea and/or vomiting, small frequent meals are recommended. Vitamin B6 (Pyridocine) up to 25mg, three times a day may be helpful. If you are unable to keep down clear fluids, please telephone us.

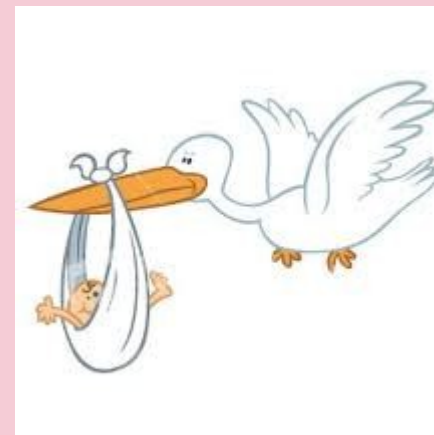
It is safe for you to take Panadol or Panadeine but NOT Aspirin during pregnancy.



If your Dentist has any queries or concerns about dental surgery please ask him/her to contact your Doctor.



If you have any medical problems not directly related to your pregnancy, please see your doctor as usual. If you see a different doctor, make him or her aware that you are pregnant.



- ♦ ***Pre pregnancy checks***
- ♦ ***Pathology***
- ♦ ***Antenatal visits by the doctor of your choice***
- ♦ ***Post-natal care***
- ♦ ***Vaccinations***

***Shared Care Doctors at
Burwood Health Care:***

Dr Thao-Thi Nguyen

Dr Eric Soon

Dr Hanan Al-Ali